



QUEST COUNSELING AND CONSULTING, INC

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Reno, NV 89509

(775) 786-6880

[www. Questreno.com](http://www.Questreno.com)

Presented by: Denise L. Everett, MA, MFT, LADC

Executive Director



History of the agency:

- 1. Nonprofit 501 (c) 3 opened January 2003
- 2. Counseling includes substance use disorder, mental health, co-occurring disorder, family, and couples therapy
- 3. Two locations: outpatient office and Transitional Living facility for boys ages 13 to 17



Mission and Philosophy:

Mission Statement:

Quest Counseling and Consulting, Inc.'s mission is to provide substance use disorder and mental health services that exceed expectations. We are committed to providing quality client care in an environment that promotes self-discovery and change.

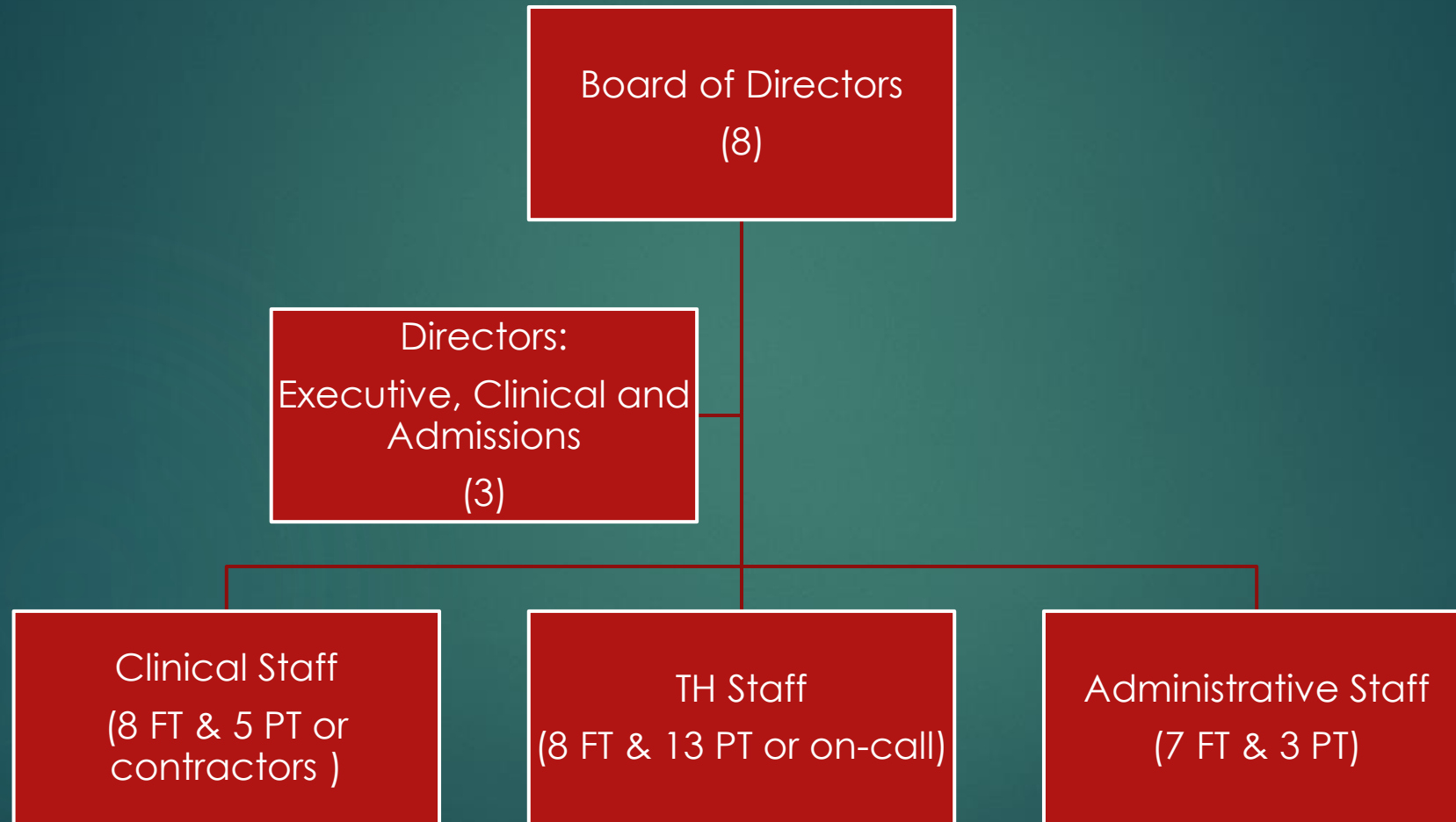
Philosophy:

Quest staff recognize that treatment is often a time of confusion as well as personal exploration and discovery. Our goal is to clarify and facilitate that experience. We promote self-acceptance and self-respect along with acceptance and respect of others. We want every client, adult and adolescent, to apply the lessons of counseling to daily life and to leave with the understanding that they take ultimate responsibility for their choices.

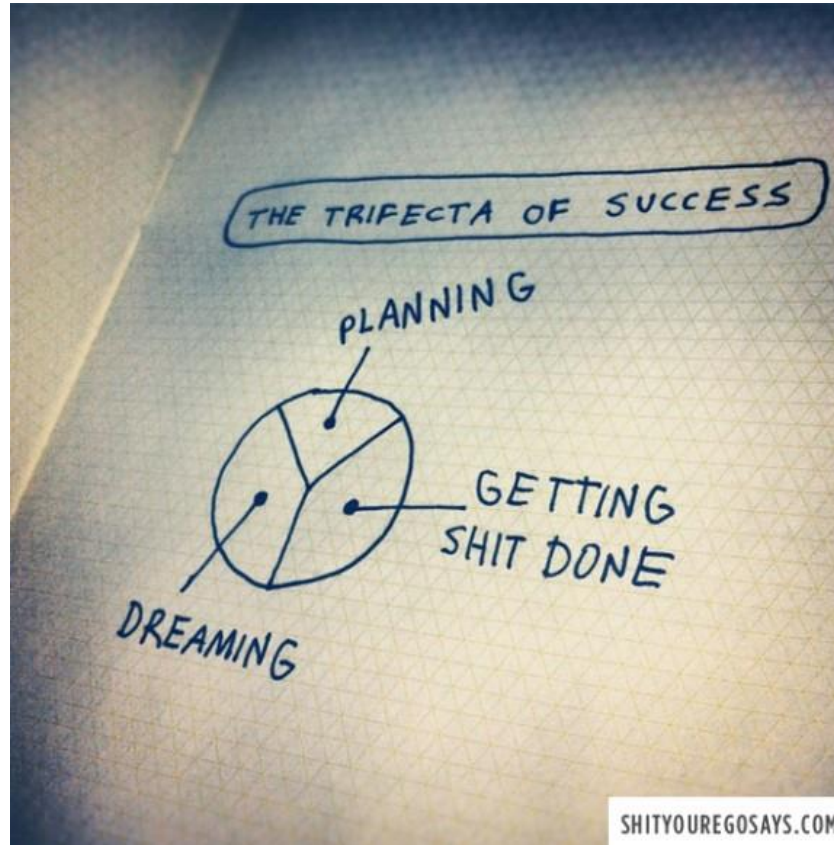
Services:

- ▶ 1. Drug testing
- ▶ 2. On and off-site assessment/evaluation (substance use disorder and comprehensive)
- ▶ 3. Counseling services: individual, group, crisis intervention.
- ▶ 4. Levels of care include Early Intervention, Outpatient, Intensive Outpatient and Transitional Housing
- ▶ 5. Prevention programs
- ▶ 6. Family services including parenting education
- ▶ 7. Consulting services: presentations and trainings
- ▶ 8. Psychiatric and psychological services available

Organizational Components:



I hope I'm not offending anyone...



Recent or On-going Projects at Quest:

- 1. Quest House (2012)
- 2. Applying to become a Medicaid provider (2012)
- 3. Grant writing and implementation (On-going)
- 4. Creating new programming (i.e. parent group for QH) (In process)
- 5. Adopting new electronic health record system (In process)
- 6. Treating individual clients (On-going)

Process to Purchase Quest House:

- ▶ 1. Decision to try to expand services made by management team and BOD
- ▶ 2. Search for suitable location
 - ▶ A. Will budget support down payment?
 - ▶ B. Does Quest have the skill/expertise for this venture?
- ▶ 3. Negotiate asking price
- ▶ 4. Necessary action steps for purchase (i.e. appraisal, bank application for mortgage, County and City requirements including policies and procedures)
- ▶ 5. Complete repairs prior to opening
- ▶ 6. Finding furniture, bedding, kitchen supplies, etc.
- ▶ 7. Marketing the service
- ▶ 8. Hiring and training the staff
- ▶ 9. Developing admission procedures
- ▶ 10. Admitting first clients and working out the “kinks”

Medicaid Process with the State of Nevada:

1. Hired a consultant with expertise we did not have
2. Applied to the Federal gov't for National Provider Identifier (NPI) numbers
3. Applications filled out for the agency as a whole then every clinician separately
4. If the application was incorrect in some way, it was returned
5. Slow, arduous process
6. Also had to apply to Medicaid's two managed care companies which have different requirements than Medicaid AND each other

GRANT WRITING PROCESS:

1. Acquire/receive Request for Proposal (RFP) or Request for Application (RFA)
 - a. Government
 - b. Private foundation
2. Create plan leading up to due date of application
 - a. Who will be on writing team and who is team leader
 - b. Who will be responsible for what sections
 - c. Due date for each section
3. Put all the pieces together; have it proof read by someone not on the team
4. Mail or deliver the proposal on time

Creating new programs process:

- ▶ 1. Needs assessment
- ▶ 2. Get buy-in from management or staff
- ▶ 3. Do initial program design
- ▶ 4. Develop the resources needed for the program
- ▶ 5. Hire and train staff if they aren't already on board
- ▶ 7. Determine the structure of the program (i.e. curriculum)
- ▶ 8. Address risk management issues which may already be in P and P manual
- ▶ 9. Market the new program to applicable clients
- ▶ 10. Design evaluation component to see if program is working

Client Name: John Doe Client Signature: _____
 Date: 1/30/14 Diagnosis: 305.50 opioid abuse ASAM Level of Care: Level 1
 Counselor Name: Denise L. Everett Counselor Signature: _____
 Goal # 1 Remain abstinent from all mood and mind altering substances for 30 days
 Goal # 2 Work on strengthening relationships in recovery community
 Goal # 3 Work on acquiring skills and tools for protecting recovery program/relapse prevention

(* For a list of problem statements see the **Master Problem Index**)

INCEPTION DATE	OBJECTIVES (TARGET BEHAVIOR & PROBLEM #)	METHODS (INTERVENTIONS)	RESPONSIBLE PERSON	COMMENTS (INCLUDING REVIEW DATE & COUNSELOR/CLIENT INITIALS)
1/30/14	Goal #1: Client will remain abstinent from all drugs and alcohol for the next 30 days	A. Attend one individual counseling sessions every week B. Live in a sober environment C. Continue to meet and work with a sponsor D. Attend 30 meetings in 30 days	John/Denise John John	
1/30/14	Goal #2: Client will identify 3 things he needs to do to maintain positive relationships with people he is close to in recovery	A. Make amends when necessary B. Spend time at night examining the day and see if your behaviors, actions were appropriate to the situations C. Continue to communicate openly with parents and friends	John John	
1/30/14	Goal #3: Gain 3 skills/tools to explore what you need to do to protect recovery	A. Complete readings as assigned B. Make a list of 5 things you are grateful for daily C. Develop a morning and evening routine that includes, reading, writing and quiet time	John/Denise John John	

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**"This is a major project of utmost importance, but it has no budget,
no guidelines, no support staff, and it's due in 15 minutes.
At last, here's your chance to really impress everyone!"**



THANK YOU SO MUCH FOR
ALLOWING ME TO PRESENT TO YOU
TONIGHT!

Good Luck with all your projects!